

## Prayers for families to use at home

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### A Prayer about Coronavirus

Dear God,  
When I feel worried about what is happening in the world,  
Blow my worries away like the wind blows leaves on an autumn day.  
When I feel sad about how this virus is making so many people sick,  
Wash my tears away like a waterfall washes over rocks and makes them smooth.  
When I feel scared that I might get this horrible virus,  
Calm my fears like the dawn makes a dark night fade away and I feel safe again.  
Thank you that you are with me and everyone I am worried about.  
Thank you that you love me and will always be with me.  
Amen.

*This was written by Dorothy Moore Brooks, Chaplain at Great Ormond Street Hospital*

### A prayer for when a friend is ill

Dear God, *(name of friend)* is ill.  
They are not allowed to go to school or come over to play.  
I'm sad because I miss them.  
They must be feeling miserable and lonely as well.  
Please be close to him/her.  
Please be with the people who are looking after him/her.  
Please help him/her to get better and to know that you love him/her.  
Amen.

### A prayer for the world

God of love and hope,  
You made the world and care for all creation.  
But the world feels strange right now.  
The news is full of stories about Coronavirus.  
Many people are anxious because of it.  
Many people are anxious that they might get ill.  
Many people are anxious about their family and friends.  
Be with them in their worries and help them to find some peace.  
We pray for the doctors and nurses and scientists who are working to discover the right medicines to give hope to those who are ill.  
Thank you that even in these strange and worrying times, you are with us.  
Help us to look for the signs of your goodness and love towards us.  
Amen.

### A prayer at bedtime

Before the ending of the day,  
Creator of the World, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.  
Tonight we pray especially for *(names family or friends who are affected by Coronavirus)* and the people of *(country or place which is affected by Coronavirus)*. Give skill and wisdom to all who are caring for them.  
Amen.

**A prayer remembering God is with us**

Lord God,

you are always with me.

You are with me in the day and in the night.

You are with me when I'm happy and when I'm sad.

You are with me when I'm healthy and when I am ill.

You are with me when I am peaceful and when I am anxious.

Today I am feeling ..... because ..... Help me to remember that you love me and are with me in everything today.

Amen.

*The other prayers were written by Mary Hawes.*